


Questions to Guide Your Search for Treatment		Other:	Other:	Other:
1. Do you offer a fixed or flexible length of treatment?	Flexible			
2. What are the credentials of your clinical staff?	Mostly doctoral level providers			
3. How many individual sessions per week are available?	Flexible			
4. Who chooses the client's therapist(s)?	Client, in consultation with the staff			
5. Do you use a 12-step, self-empowering, or some other approach to recovery?	Self-empowering (non-12-step)			
6. What outside mutual/self-help groups do your clients typically attend?	SMART Recovery			
7. Do you provide discharge planning?	Yes			
8. Do you offer unlimited free aftercare groups?	Yes			
9. Do you offer evidence-based treatments?	Yes			
10. Do you offer fully customizable treatment plans for each client?	Yes			
11. When do you offer family sessions?	Throughout treatment			
12. Do you offer psychiatric services?	Yes			
13. Do you accept insurance?	Out-of-network reimbursement is available			
14. Is your primary focus addiction or underlying issues?	Underlying issues			