Practical Recovery Psychology Group, Inc.

8950 Villa La Jolla Drive, Suite B214 La Jolla, CA 92037

Practice Policies and Fees

Client Name:					
Financially Responsible Party Name:					
I UNDERSTAND THAT 48 HOURS NOTICE FOR BILLED AT THAT SERVICE'S REGULAR CANCELLATION. PHONING AND VOICEMAN	FEE. EMAIL AND TEXT A	RE NOT ACCEPTABLE METHODS OF			
Payment for services is due at time of service unless of not guarantee benefits and/or payment from any insurant insurance company be made on my behalf to Practica Reimbursement that is sent from the insurance compant Group, Inc. the day received. Daily finance charge of the Practical Recovery Psychology Group, Inc. immediately and authorize any holder of medical information about the benefits are compliant with current healthcare standards	ace company. I, the undersigned, red I Recovery Psychology Group, Incomp directly to the sponsor must be the maximum allowed by law will by. I further authorize a copy of the me to release to my insurance comp	quest that payment of authorized benefits by my c. for services that have been provided for me. signed over to Practical Recovery Psychology be added to client's bill if checks are not sent to his agreement to be used in place of the original pany any information needed to determine these			
Any dispute as to malpractice will be determined by submission to arbitration as provided by California law and not by a lawsuit or resort of court process except as California law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury and instead are accepting the see of arbitration. Agreeing to arbitrate all disputes that are connected with this treatment is not necessary in order to be treated. If the lient or the undersigned does not want to agree to arbitration, he/she should initial here now or send a written notice within 30 lays from today saying that he/she no longer agrees to arbitration. Our email communication to you is secure (HIPAA compliant). However, any responses back from you may not be secure, depending on our email situation. Texting is not secure. We recommend you not text or email us with sensitive information. Individual providers may lect not to communicate by email or text. Communication through our client portal is secure for both parties.					
Direct payment fee (discounted fee if paid at time of ser	vice)				
Horvath, \$330 (\$300) Galant, Shapiro, Kost, Neurofeedback, \$220 (\$200) Camlin, Lewis, Pyrke, Gobar, Khalsa, Hricko, \$180 (\$1 IIOP clients, also have Clinical Coordination fees, typic IOP clients, \$350 per day (\$290 at time of service) New client evaluations, all providers, \$200 at time of se	cally \$200 - \$400 total				
Client Print Name	Signature	Date			
Financially Responsible Party Print Name	Signature	Date			

UNDERSTANDING PSYCHOTHERAPY AND CONSENT TO TREATMENT

Consent to Treatment

The success of psychotherapy depends upon a high degree of trust between us. We therefore want you to be fully informed about what to expect from us and from your sessions here.

Our Staff

All staff work under the supervision of Dr. Horvath (PSY7732). In addition to other psychologists and postdoctoral psychology fellows, the staff at Practical Recovery Psychology Group, Inc. includes counselors and specialists in holistic health (yoga, bodywork, meditation, etc.).

Understanding Psychotherapy

During initial visits the emphasis will be on understanding the nature of your personal problems and on creating a plan of treatment. Psychotherapy will consist largely of an ongoing dialogue between you and your therapist(s) about 1) problematic behavior, feelings or attitudes, which may be deeply entrenched, 2) what new behaviors, feelings or attitudes you might adopt; and 3) how you might adopt them. Our training, resources, and experience will be used to help you identify, select, and accomplish these desired changes.

You may be given homework assignments, which help carry on our work between sessions. These assignments may include reading, keeping records of behaviors, feelings or attitudes, or experiencing new activities. Any difficulties in accomplishing these assignments should be reported promptly, so that we may develop assignments that you will be able to accomplish.

We encourage you to ask questions at any time. The more deeply you understand what we are doing, the more effectively you will be able to cooperate with it and accomplish the changes you desire. We will evaluate the effectiveness of our work on an on-going basis. By mutual agreement with your specific psychotherapist you may record your sessions.

Psychotherapy is not magic. The extent to which you are open and honest about yourself will determine how accurately we can assess your situation and recommend appropriate methods and goals. Your persistence in carrying out homework assignments will significant impact on how much you accomplish.

There can be discomfort involved in participating in psychotherapy. You may remember unpleasant events, or have aroused intense feelings of anger, fear, anxiety, depression, frustration, loneliness, helplessness, or other unpleasant feelings. Homework assignments can at times be uncomfortable. Your family and friends may need time to adjust to changes you make.

In addition to accomplishing your stated goals, there may be additional benefits to participating in psychotherapy, including greater maturity as a person, better understanding of personal goals and values, improved ability to relate to others, and greater self-confidence, self-respect, and self-acceptance.

If you arrive a few minutes ahead of your appointment time, you will have the opportunity to set aside the irrelevant concerns of the day, and prepare for your session.

Confidentiality

In accordance with professional ethics and California law, the information revealed in psychotherapy is confidential, and will not be revealed to anyone without your written permission, except as required by law. California law requires that we make appropriate reports if you are suicidal, homicidal, or gravely disabled, if any child or elder adult has been abused or neglected, or if you have viewed child pornography online.

Medications and Medical Procedures

Psychologists are not physicians, and do not prescribe medication or perform medical procedures. If evaluation by a physician is indicated, we can recommend one, or you may consult your personal physician.

Emergencies

Your psychotherapist is generally available during normal working hours. If you have an emergency outside of these hours, call 911. Routine business, including the making of appointments, can often be handled during normal working hours by the administrative staff, by calling 858-546-1100.

Fees

Except in cases of emergency, you will be expected to pay for appointments not canceled at least 48 hours in advance. Your appointment time is set aside specifically for you, and cannot usually be given to someone else with less than 48 hours notice.

We charge by the hour for our services. In addition to the time spent directly with you in the office, we charge for any other time spent on your behalf, including telephone calls with you or others, reading or writing documents, doing research, meetings with others, or other activities. Please see the administrative staff for current hourly rates for each provider.

Surcharges for special services may apply. Whenever feasible you will be informed if surcharges apply. The most common surcharges are for legal testimony or after hour's services.

Please sign below to indicate that you understand and agree to the information provided here, and that you consent to treatment. We recommend that you keep a copy of this form, and refer to it from time to time during our work together.

Name	Date
Signature	

Practical Recovery Psychology Group, Inc. CA License PSY7732 www.practicalrecovery.com 800-977-6110

8950 Villa La Jolla Drive, Suite B214 La Jolla, CA 92037

Tel: (858) 546-1100 Fax: (858) 455-0141

Agreement to Be Financially Responsible

For Client	
I, SSN	
am the financially responsible party for the above client. I understand and agree to the terms for payment to Practic Recovery Psychology Group, Inc. (PRPG) as indicated below for scheduled outpatient services. Outpatient service include but are not limited to: psychological assessment, psychotherapy, treatment, care coordination or other time on behalf of a client, even though a client may not be present, ancillary or alternative services such as massage, hypnosis, acupuncture or personal coaches/companions. I understand that if I will be billing for out-of-network insurbenefits, unlicensed therapists are not a covered benefit through insurance and it is my responsibility to check to seancillary or alternative services will be covered under my plan.	s may spent ance
For Outpatient or Individual Psychotherapy, payment is expected at the time of service. Payment may be made by or check, or charged to the credit card listed below. There is a \$35 fee for any returned checks. For Intensive Outpa (IOP), I understand that at the end of each week, the full amount will be due and payable for the following week's sessions. Any balance owing will also be charged at that time.	
Cancellations of appointments must be made <u>48 hours</u> in advance in order to not be charged to my account. Email texts are not acceptable notification of cancellations.	and
IOP Clients: PRPG will do a courtesy verification check of the client's insurance benefits; however, PRPG does no guarantee benefits and/or payment in any amount by the client's insurance provider. In order to utilize insurance coverage, PRPG must be notified by the client at the time of admission, in order to verify benefits and obtain preauthorization. Please note that pre-certification and authorization of coverage does not guarantee reimbursement. Client is responsible to confirm their insurance eligibility and benefits prior to admission. PRPG will make every reast effort to bill and collect payment through the client's health care insurance; however, release of reimbursement by the insurance company is dependent on eligibility, availability of benefits, and applicable deductibles, co-payments or collimitations. In the event the client's insurance company pays for treatment, these benefits shall be assigned to PRP application to the client's bill. It is further agreed that PRPG may collect any such payment and shall then relieve the of any contractual or legal obligations to the extent of such payment. Checks that are sent from the insurance comparties of the client must be signed to PRPG the day received. Daily finance charge of the maximum allowed by labe added to client's bill if checks are not turned over to PRPG immediately. I understand that I have the right to terminate this agreement at any time, but must do so in writing delivered in perfax, or through U.S. mail to the address above. The termination is effective 48 hours after PRPG receives my termination letter, I will mail the signed original to the above address on the same day.	The sonable he other G for e client bany w will son, by
Signature of Responsible Party Date	
I authorize PRPG to keep my signature on file and to charge my credit card listed below according to the terms above agreement. At the end of treatment services, any credit balance on my account will be credited back to m card. Charges to my card will be a one-time charge, OR: (initials) Recurring charges for this ongoing treatment	
Cardholder Name: Phone:	
Billing Address:	
City: State: Zip:	
Credit Card Number: Security Code: Expiration Date:	
Signature of Cardholder: Date:	

Practical Recovery Psychology Group, Inc. 8950 Villa La Jolla Drive, Suite B214 La Jolla, CA 92037

Additional Requested Information

Client Name:			Date of Birth:	
Phone #:		Email:	Driver License#:	
Home Addres	ss:	City:	State:	Zip:
Employer Na	me (Client, or, if clien	is a minor, Guardian's employer):		
Job Title:		Employer Phor	ne:	
Employer Ad	dress:			
May we add y	your email address t	o our mailing list (1 client support e-	-mail per week)? Yes	No
How did you	hear about Practica	Recovery Psychology Group, Inc.?		
Phone:				
Can we thank	them for the referra	al? Yes No		
If you found	us on the internet:	☐ search engine (any search terms	s you remember?)	
		☐ soberrecovery.com ☐ smartrecount ☐ I don't remember	covery.org moderation.or	<u>eg</u>
In Case of En	nergency, Notify: _	Relatio	onship to you:	
Phone:		Address:		
	Please help u	s protect your privacy by checking	ng the appropriate boxes	<u>:</u>
Do	Do not	leave messages on my HOME	C	
Do	Do not	leave messages with any other	person answering home p	hone.
Do	Do not	leave messages on my WORK	voice mail.	
Do	Do not	leave messages with co-worker	rs.	
Do	Do not	leave messages on my CELL	PHONE voice mail.	
Do	Do not	leave messages with any other		one.
Do	Do not	leave messages via E-MAIL .		

this Notice and post a new copy of it in my office.

Required HIPAA Notice of Privacy Practices

- I. THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY. IT WILL GENERALLY PROTECT YOUR PRIVACY TO A MUCH GREATER DEGREE THAN REQUIRED BY THE LANGUAGE OF THE DOCUMENT.
- II. I HAVE A LEGAL DUTY TO SAFEGUARD YOUR PROTECTED HEALTH INFORMATION (PHI)

 I am legally required to protect the privacy of your PHI, which includes information that can be used to identify you which I have created or received about your past, present, or future health or condition, the provision of health care to you, or the payment of the health care. I must provide you with this Notice about my privacy practices and such Notice must explain how, when, and why I will "use" and "disclose" your PHI. A "use" of PHI occurs when I share, examine, give, or otherwise divulge to a third party outside of my practice. With some exceptions, I may not use or disclose any more of your PHI than is necessary to accomplish the purpose for which the use or disclosure is made. I am legally required to follow the privacy practices described in this Notice; however, I reserve the right to change the terms of the Notice and my privacy policies at any time. Any changes will apply to PHI on file with me already. Before I make any important changes to my policies, I will promptly change
- III. HOW I MAY USE AND DISCLOSE YOUR PHI
 I will use and disclose your PHI for many different reasons. I will need your prior written authorization for some of these uses or disclosures; for others, however, I do not. Listed below are the different categories of my uses and disclosures along with some examples of each category.
- A. Uses and Disclosures Relating to Treatment, Payment, or Health Care Operations Do Not Require Your Prior Written Consent. I can use and disclose your PHI without your consent for the following reasons:

For Treatment. I can use your PHI within my practice to provide you with mental health treatment including discussing or sharing your PHI with my trainees and interns. I can disclose your PHI to physicians, psychiatrists, psychologists, and other licensed health care providers who provide you with health care services or are involved in your case. For example, if a psychiatrist is treating you, I can disclose your PHI to your psychiatrist to coordinate your care.

To Obtain Payment for Treatment. I can use your PHI to bill and collect payment for the treatment and services provided by me to you. For example, I might send your PHI to your insurance company or health plan to get paid for the health care services provided to you. I may also provide your PHI to my business associates, such as billing companies, claims processing companies, and others that process my health care claims.

For Health Care Operations. I can use and disclose your PHI to operate my practice. For example, I might use your PHI to evaluate the quality of health care services that you received or to evaluate the performance of the health care professionals who have provided such services to you. I may also provide your PHI to my accountant, attorney, consultants, or others to further my health care operations.

For Patient Incapacitation or Emergency. I may also disclose your PHI to others without your consent if you are incapacitated or if an emergency exists. For example, your consent is not required if you need emergency treatment as long as I try to get your consent after treatment is rendered; or, if I try to get your consent but you are unable to communicate with me (for example, if you are unconscious or in severe pain) and I think that you would consent to such treatment if you were able to do so.

- B. Certain Other Uses and Disclosures Also Do Not Require Your Consent or Authorization. I can use and disclose your PHI without your consent or authorization for the following reasons:
 - When federal, state, or local laws require disclosure. For example, I may have to make a disclosure to applicable
 governmental officials when a law requires me to report information to governmental agencies and law enforcement
 personnel about victims of abuse or neglect.
 - 2. When judicial or administrative proceedings require disclosure. For example, I may have to use or disclose your PHI in response to a court or administrative order if you are involved in a lawsuit or claim for workers' compensation benefits. I may also have to use or disclose your PHI in response to a subpoena.
 - When law enforcement requires disclosure. For example, I may have to use or disclose your PHI in response to a search warrant.
 - 4. **When public health activities require disclosure**. For example, I may have to use or disclose your PHI to report to a governmental official an adverse reaction that you may have to a medication.
 - 5. When health oversight activities require disclosure. For example, I may have to provide information to assist the government in conducting an investigation or inspection of a health care provider or organization.
 - 6. **To avert a serious threat to health or safety**. For example, I may have to use or disclose your PHI to avert a serious threat to the health or safety of others. Any such disclosures will only be made to someone able to prevent the threatening harm from occurring.
 - For specialized government functions. For example, I may have to use or disclose your PHI for national security
 purposes, including protecting the President of the United States or conducting intelligence operations, if you are in the
 military.

8. **To remind you about appointments and to inform you of health-related benefits or services.** For example, I may have to use or disclose your PHI to remind you about your appointments or to give you information about treatment alternatives, other health care services, or other health care benefits that I offer that may be of interest to you.

C. Certain Uses and Disclosures Require You to Have the Opportunity to Object.

Disclosures to family, friends, or others: I may provide your PHI to a family member, friend, or other person that you indicate that is involved in your care or the payment for your health care unless you object in whole or in part. The opportunity to consent may be obtained retroactively in an emergency situation.

D. Other Uses and Disclosures Require Your Prior Written Authorization. In any situation not described in sections III A, B, and C, above, I will need your written authorization before using or disclosing any of your PHI. If you choose to sign an authorization to disclose your PHI, you can later revoke such authorization in writing to stop any future uses and disclosures (to the extent that I have not taken any action in reliance on such authorization) of your PHI by me.

IV. WHAT RIGHTS YOU HAVE REGARDING YOUR PHI

You have the following rights with respect to your PHI:

- A. The Right to Request Restrictions on My Uses and Disclosures. You have the right to request restrictions or limitations on my uses or disclosures of your PHI to carry out my treatment, payment, or health care operations. You also have the right to request that I restrict or limit disclosures of your PHI to family members, friends, or others involved in your care or who are financially responsible for your care. Please submit such requests to me in writing. I will consider your requests but am not legally required to accept them. If I do accept your requests I will put them in writing and will abide by them except in emergency situations. Be advised that you may not limit the uses and disclosures that I am legally required to make.
- B. The Right to Choose How I Send PHI to You. You have the right to request that I send confidential information to you at an alternate address (for example, sending information to your work address rather than your home address) or by alternate means (for example, e-mail instead of regular mail). I must agree to your request so long as it is reasonable and you specify how or where you wish to be contacted, and when appropriate, you provide me with information as to how payment for such alternate communications will be handled. I may not require an explanation from you as to the basis of your request as a condition of providing communications on a confidential basis.
- C. The Right to Inspect and Receive a Copy of Your PHI. In most cases, you have the right to inspect and receive a copy of the PHI that I have on you, but you must make the request to inspect and receive a copy of such information in writing. If I do not have your PHI but I know who does, I will tell you how to get it. I will respond to your request within 30 days of receiving your written request. In certain situations I may deny your request. If I do, I will tell you, in writing, my reasons for the denial and explain your right to have my denial reviewed.
- D. The Right to Receive a List of the Disclosures I Have Made. You have the right to receive an Accounting of Disclosure listing the instances in which I have disclosed your PHI. The list will not include disclosures made for my treatment, payment, or health care operations; disclosures made to you; disclosures you authorized; disclosures incident to a use; disclosures permitted or required by the federal privacy rule; disclosures made for national security or intelligence; disclosures made to correctional institutions or law enforcement personnel; and, disclosures made before April 14, 2003. I will respond to your request for an Accounting of Disclosure within 60 days of receiving such request. The list I will give you will include disclosures made in the last six years unless you request a shorter time. The list will include the date the disclosure was made, to whom the PHI was disclosed (including their address, if known), a description of the information disclosed, and the reason for the disclosure. I will provide the list to you at no charge, but if you make more than one request in the same year I may charge you a reasonable, cost-based fee for each additional request.
- E. The Right to Amend Your PHI. If you believe that there is a mistake in your PHI or that a piece of important information is missing, you have the right to request that I correct the existing information or add the missing information. You must provide, in writing, the request and your reason for the request. I will respond within 60 days of receiving your request to correct or update your PHI. I may deny your request in writing if the PHI is (i) correct and complete, (ii) not created by me, (iii) not allowed to be disclosed, or (iv) not part of my records. My written denial will state the reasons for the denial and explain your right to file a written statement of disagreement with the denial. If you do not file one, you have the right to request that your request and my denial be attached to all future disclosures of your PHI. If I approve your request to amend your PHI, I will make the changes, tell you that I have done it, and tell others that need to know about the change to your PHI.
- **F.** The Right to Receive a Paper Copy of This Notice. You have the right to receive a paper copy of this notice even if you have agreed to receive it via e-mail.

V. HOW TO COMPLAIN ABOUT OUR PRIVACY PRACTICES

If you think that I may have violated your privacy rights, or you disagree with a decision I have made about access to your PHI, you may file a complaint with the person listed in Section VI below. You may also send a written complaint to the Secretary of the Department of Health and Human Services at 200 Independence Avenue S. W., Washington D. C. 20201. I will not take retaliatory action against you if you file a complaint about my privacy practices.

VI. PERSON TO CONTACT FOR INFORMATION ABOUT THIS NOTICE OR TO COMPLAIN ABOUT MY PRIVACY PRACTICES: Ana Ferraro, Office Manager: (858) 546-1100, ext. 235.

VII. Effective Date of This Notice

This notice went into effect on April 14, 2003.

ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I,, have received a copy of Practical Recovery Psychology Group, Inc.'s Notice of Privacy Practices.
Name
Signature
Date
You may refuse to sign this acknowledgement
For Practical Recovery Psychology Group, Inc. Use Only
We made every attempt to obtain written acknowledgment of receipt of our Notice of Privacy Practices, but acknowledgement could not be obtained because:
Above named individual refused to sign
Emergency situation prevented obtaining signature
Other (Please Specify)

Authorization to Release Confidential Information to the Practical Recovery Psychology Group, Inc. Professional Staff

Practical Recovery Psychology Group, Inc. (PRPG) consists of a team of treatment specialists. I desire to benefit from the expertise of this entire treatment team, either by my direct contact with team members, or by consultation about me provided to team members by one another. Therefore, I, ______, hereby authorize any member of the PRPG professional staff and any outside providers I have been referred to (or, I limit this authorization to the following members): To release to any member of the PRPG professional staff and any outside providers I have been referred to (or, I limit this authorization to the following members): Any information that has been gathered about me for the purpose of coordinating and enhancing the effectiveness of my treatment at PRPG. I understand that at any time I may revoke this consent to release information. I also understand that any release that has been made prior to revocation, and which was based on the authorization I am now signing, shall not constitute a breach of my right to confidentiality. Unless I revoke this authorization prior to such time, it shall remain valid until the termination of my services with PRPG. I have a right to receive a copy of this authorization and do/do not (circle) want one. (Signature of client) (Date) (Parent, Guardian, or Legal Representative) (Date)

(Date)

(Signature of staff witnessing consent)

PRACTICAL RECOVERY PSYCHOLOGY GROUP, INC.

PRE-DOCTORAL PSYCHOLOGY INTERN, POST-DOCTORAL PSYCHOLOGY FELLOW AND M.F.T. INTERN NOTIFICATION

All services at Practical Recovery Psychology Group, Inc., are overseen by Arthur Thomas Horvath, Ph.D., ABPP, President and Clinical Director. As required by California law, Psychology Interns, Fellows, and MFT Interns, are under additional supervision requirements, in preparation for licensure as Psychologists or Marriage Family Therapists and have an additional designated supervisor, as listed below.

Interns and Fellows:

- Reya Kost, PsyD, Post-Doctoral Fellow, California Psychology License # PSB94021322, supervised by A. Tom Horvath, Ph.D. ABPP, License # PSY7732.
- Thad Camlin, PsyD, Post-Doctoral Fellow, Calif Psychology License # PSB94022498, supervised by, and has his practice monitored by, A. Tom Horvath, Ph.D. ABPP, License # PSY7732.

My signature below indicates I have read and understood this form.			
Signature of the Client/Guardian/Legal Representative	Date Signed		

Practical Recovery Psychology Group, Inc.

CA License PSY7732 www.practicalrecovery.com 1-800-977-6110 8950 Villa La Jolla Drive, Suite B214 La Jolla, CA 92037 Tel (858) 546-1100 Fax (858) 455-0141

CONSENT TO RELEASE INFORMATION

I hereby consent to communication between Pract	tical Recovery
Psychology Group (PRPG) and	
(Name of person and relationship to client, phone n	umber and fax.)
Please initial the corresponding choices: Communication is:	
() FROM PRPG TO this person/entity() FROM this person/entity TO PRPG	
To Communicate with and disclose to one another the following information:	
 () All information () My name and other identifying information () My status as a patient at PRPG () Discharge Summar () Initial Evaluation () Attendance () Summary of Treatment Plan, Progress and Compliance () Date of Admission () Date of Discharge () Urinalysis Results () Other The purpose of the disclosures authorized in this consent is to:	у
It may be transmitted in the following forms: () Written () Oral () Electronic () A This consent automatically expires in: () Six Months () One Year () Specific Date	. ,
I understand that alcohol and/ or treatment records are protected under the federal regular Confidentiality of Alcohol and Drug Abuse Resident Records, 42C.F.R.pt 2, and the Heat Portability and Accountability Act of 1996 (HIPAA), 45 C.F.R. Pts 160 &164, and cannot my written consent unless otherwise provided for in the regulations.	lations governing the Ith Insurance
I also understand that recipients of this information may re-disclose it only in connection duties. I understand that Practical Recovery Psychology Group, Inc. may not condition rewhether I sign a consent form, but in certain limited circumstances I may be denied treat consent form.	my treatment on
To the receiving party of this information: This information has been disclosed to you for stated in this consent. Any other use of this information without the expressed written conprohibited.	
Client Signature: Date:	
Witness Signature: Date:	